



Alcohol & Drug Education

Designed for youth (12-17 years old), this hands-on experience provides educational information on the physical and psychological consequences of using alcohol and other drugs.

Teens attend three 2-hour sessions on selected Tuesdays from 4:00 to 6:00pm. Contact CLEAN to schedule an enrollment appointment before admission in this class. (Sliding scale fees apply.)

Session One: Covers risk factors to include age of onset as related to alcohol dependence; family background influences; pro-drug messages in the environment; the effects of substances related to our well-being and mental health; and the cycle and stages of addiction.

Session Two: Covers how those that are chemically dependent protect themselves from facing their dependency; what enabling is and how it works; the roles of children of alcoholics.

Session Three: Covers various facts and effects of alcohol, marijuana, stimulants, other drugs and tobacco.